

# THE JOURNEY

## What is THE JOURNEY?

The Journey is made up of three to four people, all the same gender, who meet regularly (weekly or every other week) to grow. After a fifth person joins, it is time for the Journey to multiply and form two separate Journey groups.

- *Meets in public spaces when possible to shine for Jesus and invest in our community.*
- *One person decides the scripture to be read each week (person rotates each week).*
- *Group discusses the scripture and asks one another accountability questions.*
- *Groups are very confidential.*
- *All groups are registered with CATALYST CHURCH for prayer and support.*
- *Groups meet as long as the participants desire or set a time frame.*

## What happens in the Journey?

### **Sin is confessed in mutual accountability.**

The Journey must be a safe place where members can be honest. Honesty and vulnerability will foster growth. Every member doesn't have to go over every question. Each member might want to share a question where they are struggling and share a question where they are experiencing success. The confession of sin prepares hearts to receive the Word of God.

### **Scripture is read repetitively in context.**

The unleashing of God's word in the lives of people is powerful. Each Journey decides on a book of the Bible they will read. It is recommended that each member of the Journey read 3-5 chapters a day. If they are reading a small book of the Bible, they might want to read it five times in a week. When the Journey comes together each week, they ask one another if the reading was completed. If any one person was unable to finish the reading that week, then the whole Journey group does the same reading again the next week. This is not a bad thing. The repeated reading of scripture will transform your mind and heart.

### **People are prayed for strategically, specifically, and continuously.**

Each Journey member is to think of and pray for two to three people they want to see come to know Jesus. Those from your prayer list who come to know and follow Jesus Christ become potential new members for your Journey as you multiply. This creates natural growth.

## Determine the following:

- Meeting place \_\_\_\_\_
- Meeting time \_\_\_\_\_
- Start date \_\_\_\_\_
- Multiplication date goal \_\_\_\_\_



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## Step 1: Character Questions

### Commitment to Excellence

- How did you strive to improve your life in ways that honored God?

### Heart for Evangelism

- Did you pray for opportunities to share the gospel?
- How did you demonstrate that you cared for a lost person?

### Relationships

- How did you damage or build a relationship with someone?

### Integrity

- Have you been exposed to sexually alluring material or allowed your mind to entertain inappropriate sexual thoughts about another?
- Have you given in to inappropriate behavior?
- Have you been honest in your financial dealing and generous in your giving?

### Servant Attitude

- How did you put the needs and interests of others ahead of your own?

### Teamwork

- How are others better because of your influence?
- **Have you been completely honest?**

*Therefore confess your sins to one another, and pray for one another, so that you may be healed. James 5:16*

## Step 2: Bible Questions

### Bible Reading and Application

- Did you complete the Bible reading that you were assigned?
- What specific part spoke to your life?
- What are you going to do about it?

*All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness so that the person of God may be thoroughly equipped for every good work. 2 Timothy 3:16-17*

## Step 3: Pray

Pray for one person by name each day from your list of people you want to see come to know Jesus Christ.

\_\_\_\_\_

Pray for each member daily.

\_\_\_\_\_

\_\_\_\_\_

*The prayer of a righteous man is powerful and effective. James 5:16*

